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|  | Freud |
| Principle Explained | Pleasure principle, Reality principle, Principle of moral development in an individual. |
| New Concept Given | Conscious, Unconscious and Preconscious |
| Overall Dimension | **Psychosexual Development:** Inherent inclination of desire for sexual activity is called as **Instinctual libido (Sexual Energy)**. Freud said, an individual from the day of birth pursue and satisfy his/her libido (sexual drive) in five stages throughout life. Oral (Birth - 1year), Anal (1 yr. to 3 yr.), Phallic (3 yr to 6 yr.), Latency (6yrs. to puberty), Genital (puberty to death). Failure to gratify or satisfy instinctual libido results into certain pattern of behaviors like **orally aggressive** (chewing of pencil or nail) **orally passive** (smoking, kissing), **Anal Retentive** (Excretory control, orderliness, inflexibility, compulsion for control), **Anal Expulsive** ( reckless, careless, defiant, disorganized), **Oedipus Complex** (Repressed sexual emotions or desire which repel an individual from opposite parent. These emotions normally remain in unconscious) However, dynamic repression sustain in unconscious. Dynamic repressions mean sexual desire to form sexual relation with parent of opposite sex - Boy with mother and girl with father. Oedipus complex is experienced by boys in the form of **Castration Anxiety** (Fear or loss of or damage to penis) and by girls in the form of **Penis Envy** (I do not have penis). Castration anxiety and Penis envy are normal behavior. Unsuccessful resolution of these complexes might lead to formation of abnormal behavior like **Neurosis** (disorder of sense and motion), **Pedophilia** (An adult or mature adolescent experiences sexual attraction to prepubescent children), **and homosexuality** (Sexual relationship – boy with boy or girl with girl)**.** **Electra Complex** (Psychosexual competition of a girl with her mother for possession of father). Sexual un-fulfillment, Frigidity, impotence, unsatisfactory relationships. |
| Dimension 1 | ID - Unconscious, instinctive and primitive behavior, driven by pleasure principle. |
| Dimension 2 | EGO - Deal with reality and operates with reality principle, works through conscious, preconscious and unconscious mind. |
| Dimension 3 | SUPEREGO -Starts developing at the age of 5years. Superego is learned judgment about morals, ethics, ideals & values learned through parent, surroundings and teachers. Superego gives you judgment about right and wrong in this world. Superego is divided into 2 parts A. Ego-Ideal: Rules and standards about good behavior learned through parent & surroundings. B. Conscious: Judgment & information about issues that are viewed right or wrong by parent or society. |
| Dimension 4 |  |
| Stage 1 | Oral Stage (Birth to 18 months): Infant gratify via rooting, tasting and sucking through mouth. Libido (Energy generated due to survival & sexual instinct) is responsible for gratification. Oral stage develops dependency (submission) or aggression. Oral fixation creates problems like drinking, smoking, eating, nail-biting. |
| Stage 2 | Anal Stage (18 to 36 months): The focus of libido is anus. An individual learn to control bladder & bowl movement, using survival and sexual instinct. In addition to anus other body needs are controlled. Development of level of control determines development of sense of accomplishment and independence. Parents either praise and reward or punish and ridicule infant during toilet training. Control is affected and 3 personality dimensions are formed. 1. Positive and satisfying experiences develops competency, productive & creative adults. 2. Inappropriate responses in toilet training results into negative outcome and personality will be anal-expulsive and individual will be messy, wasteful and destructive. 3. Too much strictness and early toilet training develops Anal-Retentive personality in which an grown up individual will be stringent, orderly, obsessive and rigid. |
| Stage 3 | **Phallic Stage ( 3 to 6 years):** Oedipus Complex (Repressed sexual emotions or desire which repel an individual from opposite parent. These emotions normally remain in unconscious) However, dynamic repression sustain in unconscious. Dynamic repression means sexual desire to form sexual relation with parent of opposite sex - Boy with mother and girl with father. Oedipus complex is experienced by boys in the form of Castration Anxiety (Fear or loss of or damage to penis) and by girls in the form of Penis Envy (I do not have penis). Castration anxiety and Penis envy are normal behavior. Unsuccessful resolution of these complexes might lead to formation of abnormal behavior like Neurosis (disorder of sense and motion), Pedophilia (An adult or mature adolescent experiences sexual attraction to prepubescent children), and homosexuality. |
| Stage 4 | Latency Stage ( 6 to Puberty) |
| Stage 5 | Genital Stage (Puberty to Adulthood 12 to 18 years) |